



## Scope of Service

### Full-Service Partnership (FSP)

Service Area:	Sutter and Yuba Counties
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<b>Program Philosophy</b>
<p>Provide specialty mental health services that are integrated, collaborative, and strength based in collaboration with Sutter Yuba Behavioral Health. In addition, the FSP program seeks to engage children and families in a supportive and therapeutic manner to promote healing, healthy decision making and positive family dynamics. In addition, FSP coordinates resources and works to reduce barriers to receiving and benefitting from mental health treatment.</p>

<b>Program Goal</b>
<p>To enhance the psychological, social, emotional and behavioral functioning of program participants through comprehensive, strength-based, therapeutic services, with a strong emphasis on client and family involvement. FSP provides 24/7 support from a team member known to the individual to assist with accessing resources, meeting mental health goals, and resolving family conflict and addressing crisis.</p>

<b>Program Description</b>	
Service Type:	Individual, group, and family therapy. In addition to these services behavioral support, rehabilitation services, child family team meetings, collaborative case management, medication management, and Parent Child Interaction Therapy (PCIT) are also available.
Service Location:	Services are provided at various sites including Youth for Change offices, community settings, school sites, and/or client's home.
Administrative Location:	1525 Plumas Court Ste. C & D Yuba City, CA 95991 (530) 418-1001
Population Served:	We provide a system of care for Specialty Mental Health Services for youth aged 0-15 with severe emotional disturbances. The services include therapeutic assessment and interventions to beneficiaries of Medi-Cal that meet access criteria, based on a mental health diagnosis and functional impairment criteria for clients who are referred by Sutter Yuba Behavioral Health.
Hours of Operation:	Monday – Friday, 8:00 a.m. to 5:00 p.m. and after hours and weekends as appropriate. In addition, FSP provides 24/7 crisis support from a team member known to the individual to assist with accessing resources, meeting mental health goals, and resolving family conflict.

**Service Abstract**

The Youth for Change Full-Service Partnership (FSP) Program is a collaboration between Youth for Change and Sutter Yuba Behavioral Health. FSP is primarily focused on the child and family team and removing barriers to treatment. With an FSP team providing services throughout both counties. The program provides therapeutic services to eligible clients (full scope Medi-Cal) referred by Sutter Yuba Behavioral Health. Services include screening, diagnosis, individual, group, and family therapy. All staff complete evidenced based practice training to support the needs of program participants.

**Entry and Exit Criteria**

Program entrance is based on functional impairment and the determination of access criteria for specialty mental health services. Exiting the program is based on the reduction of the level of functional impairment and/or the determination that the client could benefit from a lower level of care.

**Referral, Transition, and Discharge**

All referrals, transition and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals to other community resources will be made and documented throughout treatment, considering clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s) and be documented. Transition plan will include review of clients' wellbeing, therapeutic gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretakers as available and appropriate.

**Agency Website:**

[www.youth4change.org](http://www.youth4change.org)