



Scope of Service

Hospital Alternatives Program (HAP)

Service Area:	Butte County
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Program Philosophy
Provide short term comprehensive support to prevent youth psychiatric hospitalization and to facilitate discharge from a crisis facility and immediate safety planning.

Program Goal
To help children and youth avoid the trauma of acute psychiatric hospitalization and successfully remain in their homes and communities.

Program Description	
Service Type:	Crisis intervention, individual and family counseling, rehabilitation services, case management, care coordination for youth and their families.
Service Location:	Services are provided at various sites including Youth for Change offices, in the home, in the community, at school sites, and at Department of Behavioral Health Crisis Services.
Administrative Location:	260 Cohasset Rd. Suite 120 Chico, CA 95926 (530) 877-1965
Population Served:	Butte County Medi-Cal eligible school aged youth 0 – 18 who exhibit acute mental health problems and are at risk of hospitalization and the families. Children must have full scope Medi-Cal and be authorized by Butte County Behavioral Health.
Hours of Operation:	24 hours/day, 7 days/week. In case of emergency contact the HAP on call number (530) 828-2738 or call 911.

Service Abstract	
<p>Through collaborative relationships with Butte County Department of Behavioral Health (BCDBH) and community service partners, Youth for Change endeavors to help children and youth avoid acute psychiatric hospitalization or re-hospitalization and successfully remain in their homes and communities through HAP services and supports. Utilizing a core staff composed of a Program Manager, Clinical Supervisor, Clinicians and highly trained Behavioral Health Counselors, a carefully targeted array of services and support uniquely tailored to each child or youth and their family is mobilized. The service is authorized by Butte County Behavioral Health for up to 30 days. Support and services available through YFC and partner agencies include:</p> <ul style="list-style-type: none"> • Therapeutic Behavioral Services 	

- Case Management
- Behavioral Health In-Home Parenting
- Psychiatric Services
- Medication management and support
- 24-hour crisis response support to youth and family
- One-to-one staffing
- Individual family psychotherapy
- Mental health rehabilitation
- Safety planning and contracting
- Multidisciplinary team meetings
- Other services as considered appropriate to meet unique cultural and familial needs

Youth are referred to the Butte County Crisis Services through a variety of circumstances to evaluate for eminent risk for harm to self or others. Following an assessment, Butte County Crisis Services may initiate referral to HAP.

- If hospitalization is not indicated, Crisis Services will contact YFC HAP staff 24 hours per day, seven days per week to make a referral. The HAP staff will coordinate with Crisis Services and the family to begin discharge planning and orientation into the program.
- If the young person has been hospitalized and the Butte County Behavioral Health hospital discharge team finds HAP support is necessary for a positive transition or to reduce likelihood of re-hospitalization, a HAP referral is made post-hospitalization.

HAP staff are deployed in a strategic and clinically appropriate manner throughout the 30 days of service to help defuse the crisis and provide stabilization support. Services are intended to be brief. Services may include:

- Assessment and necessary intake documentation
- Safety planning (avoiding a crisis episode, de-escalating from a crisis episode, steps to take in the event of a crisis episode)
- Rehabilitation services (teaching, modeling, and reinforcing positive coping skills, alternatives to suicidal thoughts, ideation or self-harm, life management skills, communication, and relaxation skills)
- Psychoeducation to the caregiver (parenting techniques, healthy communication, and de-escalation)
- Needs assessment and referrals
- Individual and family therapy
- Multidisciplinary team meetings and case coordination

It is the philosophy of HAP to strive for a seamless and positive transition between HAP staff members and ongoing support systems.

HAP staff can include Licensed Marriage and Family Therapists, Licensed Clinical Social Workers, Associate Marriage and Family Therapists, Associate Social Workers, and Behavioral Health Counselors.

Entry and Exit Criteria

Entry to the program is based on the client's willingness to participate in safety planning. The client exits 30 days from the date of referral.
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Referral, Transition, and Discharge

All referral, transition, and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals will be made and documented throughout treatment, considering clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s) and be documented. Transition plan will include review of clients' wellbeing, gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretaker's as available and appropriate.

Agency Website:

www.youth4change.org
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