

Youth for Change

SCOPE OF SERVICE

Strong Starts / Parent-Child Interactive Therapy (PCIT)

Service Area: Butte County

Program Philosophy: To provide the best therapeutic services for the emotional development and behavioral needs of infants, toddlers, and young children through age 12, throughout Butte County, in collaboration with other agencies and providers.

Program Goal: Improve the mental health of the children we treat, including working through trauma, improving the parent child relationship, decreasing unwanted behaviors, and improving overall family functioning.

Program Description: Strong Starts provides screening, assessment, individual, family, and group counseling, case management and coordination. Specific age and need appropriate therapeutic modalities are utilized. Referrals come from a wide variety of youth serving agencies, schools, medical staff and parents themselves.

- **Service Type:** Individual and family counseling for infants, toddlers and children through age 12.
- **Service Location:** Services are provided at Youth for Change offices in Chico, Oroville, and Paradise.
- **Administrative Location:** 578 Rio Lindo, Chico CA 95926 Phone (530) 894-5933
- **Population Served:** Butte County infants, toddlers, and children up to 12 years old and their families.
- **Hours of Operation:** Monday thru Friday 8:00am to 5:00pm. In case of emergency, after hours or weekend/holidays, contact Butte County Behavioral Health crisis number at (530) 891-3277 or 1-800-371-4373.

Service Abstract: Strong Starts services includes screening and assessment, evaluation and diagnosis, counseling, case management, case coordination, Parent Child Interaction Therapy (PCIT), Theraplay, Developmental Play Therapy techniques, Music, Movement and Art Therapy. Services are for Medi-Cal recipients and must be authorized by Butte County Behavioral Health.

Strong Starts therapists are Licensed Marriage and Family Therapists, Licensed Clinical Social Workers, Associate Marriage and Family Therapists, and Associate Clinical Social Workers with supervision provided by the Program Manager and the Youth for Change Clinical Director.

Referral, Transition and Discharge: All referral, transition and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals will be made and documented throughout treatment, taking into account clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s), and be documented. Transition plan will include review of clients' wellbeing, gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretakers as available and appropriate.

Program brochure available upon request.

Agency website: www.youth4change.org