

Youth for Change

SCOPE OF SERVICE

Short-Term Residential Treatment Program (STRTP)

Service Area: Northern California Counties

Program Philosophy: To facilitate a short-term, intensive, comprehensive, and creative therapeutic program that is centered on the healing of the whole child.

Program Goal: Based upon an allegiance to client focused treatment, the STRTP supports short-term stabilization the family reunification or the transition to a less restrictive, family-like setting. By providing an environment in which the child feels truly accepted and engaged in a rigorous individual program, youth will develop a sense of efficacy and pro-social skill competencies that will prepare them to be successful upon graduation.

Program Description: Youth for Change STRTP staff offer a goal focused, learning atmosphere designed to equip the youth with emotional stability, educational success, healthy hobbies for life, and vocational skills.

- **Service Type:** Residential services that are highly structured and individualized while simultaneously nurturing and accepting and designed to provide intrapersonal successes.
- **Service Location:** Services are provided at two home locations in Paradise, CA.
- **Administrative Location:** 7200 Skyway, Paradise, CA 95967. Phone: 530-877-1965.
- **Population Served:** Boys and girls aged 11 – 17, whose level of functioning at home, school or the community warrant the intensive intervention afforded by the STRTP.
- **Hours of Operation:** 24 hours/day, 7 days/week.

Service Abstract: Achieving emotional stability is a primary focus for all youth placed at Youth for Change. The provision of a varied therapeutic experience is offered to all placements in the STRTP.

Supporting educational success is instrumental in sustaining success post-placement. Each youth admitted to the STRTP will be supported in a structured educational program wherein the focus is geared toward the attainment of a high school diploma or the maintenance of sufficient units of credit that a child is soundly on a graduating track. Each youth will be afforded an opportunity

to engage in either a home-study program or individualized educational program tailored to both support academic success and high school graduation.

Creating opportunities for the development of healthy hobbies for life ensures youth are equipped for a lifelong opportunity to engage pro-social self-expression and lifelong leisure skill activities rather than engage in self-defeating and self-injurious behaviors of their past. Through the attainment of healthy hobbies youth develop age appropriate competencies that allow for normative self-expression in a safe and constructive manner.

Clinical staff and behavioral health counselors provide individual, group and, when indicated in their treatment plan, family therapy to support the attainment of a placements' emotional stability with a goal for reunification or transition to a family-like setting whenever appropriate.

Referral, Transition and Discharge: All referral, transition and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals will be made and documented throughout treatment, taking into account clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s), and be documented. Transition plan will include review of clients' wellbeing, gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretakers as available and appropriate.

Program brochure available upon request.

Agency website: www.youth4change.org