

Youth for Change

SCOPE OF SERVICE

School Based Counseling (SBC)

Service Area: Paradise Unified School District

Program Philosophy: Provide integrated, collaborative individual, group, and family therapy to Paradise/Magalia children with mental health issues.

Program Goal: To enhance the psychological, social, emotional and behavioral functioning of program participants through comprehensive, strength-based, therapeutic services, with a strong emphasis on school collaboration and family involvement.

Program Description:

- **Service Type:** Individual, group, and family therapy for youth.
- **Service Location:** Services are provided at various sites including Youth for Change offices, community settings, school sites, and/or student's home.
- **Administrative Location:** 6083 Maxwell Drive, Paradise CA 95969
- **Population Served:** Butte County Medi-Cal eligible school aged youth who exhibit mental health issues. Families are strongly encouraged to participate in therapeutic services.
- **Hours of Operation:** Monday thru Friday 8:00am to 5:00pm. In case of emergency, after hours or weekend/holidays, contact Butte County Behavioral Health crisis number at (530) 891-3277 or 1-800-371-4373.

Service Abstract: School Based Counseling (SBC) is a collaboration between Youth for Change, Paradise Unified School District and Butte County Behavioral Health.

SBC is primarily focused at the elementary level to support early intervention, with a therapist located at each of the four elementary schools in the Paradise/Magalia area. The program provides therapeutic services to eligible students (full scope Medi-Cal) referred by Paradise Unified School District, teachers, and/or families. Services include screening, diagnosis, individual, group, and family therapy. The SBC program staff often work closely with the following individuals and groups to optimize positive results for the student:

- Parents/guardians
- Teachers
- School principals
- School psychologists
- Psychiatrists
- Private and public community resources

SBC offers help with a variety of school related concerns, some of which may include:

- Depression
- Anxiety
- Trauma recovery
- Anger management

School based therapists are Licensed Marriage and Family Therapists, Licensed Clinical Social Workers, Associate Marriage and Family Therapists, and Associate Clinical Social Workers with supervision by the Youth for Change Clinical Director.

Referral, Transition and Discharge: All referral, transition and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals will be made and documented throughout treatment, taking into account clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s), and be documented. Transition plan will include review of clients' wellbeing, gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretakers as available and appropriate.

Program brochure available upon request.

Agency website: www.youth4change.org