

YOUTH FOR CHANGE

SCOPE OF SERVICE

Strengthening Families Program

Service Area: Paradise Ridge and environs

Program Philosophy: All families are doing the best they can with what they have available. Parents are their child's first teachers and role models. We understand that everyone needs:

- help sometimes (especially in times of need).
- social connections (someone to turn to).
- more information on parenting and child development (having age appropriate expectations promotes appropriate behavior support techniques).
- assistance in being resilient to overcome obstacles.
- to help children understand and communicate their emotions and feelings.

When parents are strong and supported, the whole family succeeds.

Program Goal: To ensure all children ages 0-5 and their families are healthy, happy and thriving, and actively engaged with each other and the community with children reaching their full potential.

Program Description: The Strengthening Families Program uses the Strengthening Families (TM) Framework and the 5 Protective Factors to guide our services. Staff work with parents to build on parenting and life skills and work with children to support growth and social and emotional development.

- **Service Type:** Case management, concrete support, early literacy services, parent and child activities, and referral and resources.
- **Service Location:** 1007 Bille Road, Paradise, CA 95969
- **Administrative Location:** 5538 Skyway, Paradise, CA 95969
- **Population Served:** Children ages 0-5 and their families.
- **Hours of Operation:** Monday – Thursday, 10am-4pm

Service Abstract: The Strengthening Families Program operates through a three-tiered approach.

1. **Community Partnerships:** There is a Paradise Ridge Strengthening Families Network with more than 12 community organizations and businesses that work to improve the lives of children and families on the Ridge. Partnership and collaboration with local businesses, hospital, service clubs, school district, police and fire department, allow us to leverage funds to provide comprehensive, non-duplicated services to families.
2. **Case Management and Crisis Triage:** Staff use research-based measurement tools to work with parents to identify successes and where support is needed. Goals are set to ensure families become stable and successful. Staff work with families in a crisis situations, listen to the family and provide them with support they need to succeed.
3. **Direct Services:** Are for both children and parents and are offered weekly, bi-monthly or monthly. There are many parent-child programs that promote positive interactions, small and large motor development, school readiness, nutrition, resiliency, mentoring and social and emotional development. A computer lab is available to families for employment needs including resume writing and cover letter writing assistance. A play room is available for children; this is used by parents while they are working in the computer lab (if staff are available to watch the child) or as a reprieve from their home setting.

Referral, Transition and Discharge: All referral, transition and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals will be made and documented throughout treatment, taking into account clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s), and be documented. Transition plan will include review of clients' wellbeing, gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretakers as available and appropriate.

Agency website: www.youth4change.org