

Youth for Change

SCOPE OF SERVICE

Therapeutic Behavioral Services (TBS)

Service Area: Butte and Glenn Counties

Program Philosophy: Teach, support, model, and encourage clients and caregivers to use different behavioral techniques to ensure client stays in their current placement, or support client while transitioning to lower level of care.

Program Goal: Therapeutic Behavioral Services (TBS) is a one-to-one therapeutic behavioral contact between a mental health provider and a beneficiary for a specified short-term period of time which is designed to maintain the child/youth's residential placement at the lowest appropriate level by resolving target behaviors and achieving short-term goals.

Program Description:

- **Service Type:** One-to-one behavioral modification and management and training.
- **Service Location:** Services are provided at various sites including family homes, foster homes, group homes, in the community and at school sites.
- **Administrative Location:** 7204 Skyway, Paradise, CA 95967. Phone: 530-877-1965
- **Population Served:** Butte and Glenn county Medi-Cal eligible children and youth at risk of hospitalization and/or moving to a higher level of care.
- **Hours of Operation:** 24 hours/day, 7 days/week.

Service Abstract: TBS is in collaboration with Youth for Change, Glenn County Behavioral Health and Butte County Behavioral Health. Client behavioral needs are assessed by the clinician of record in conjunction with the parents and others to determine the appropriateness of adding TBS as an adjunctive service. Once a referral is made to YFC, the TBS Program Manager or designee will participate in a family meeting to identify the specific behaviors that need modification and the amount of and schedule of TBS involvement. TBS is intended as a short-term intervention with a gradual decreasing of intensity as behaviors improve. Services are primarily one-to-one and as frequent as deemed necessary to intervene in the behavior. Regular reviews are conducted to monitor the improvement and frequency of interventions. Clients are reviewed by staff at a weekly staffing with the YFC Clinical Director.

TBS staff are Behavioral Health Counselors (BHC) with specialized TBS training and with supervision by the TBS Program Manager and YFC clinical Director.

Referral, Transition and Discharge: All referral, transition and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals will be made and documented throughout treatment, taking into account clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s), and be documented. Transition plan will include review of clients' wellbeing, gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretakers as available and appropriate.

Program brochure available upon request.

Agency website: www.youth4change.org