

Youth for Change

SCOPE OF SERVICE

Youth Intensive Programs (YES)

Service Area: Butte County

Program Philosophy: To utilize community resources, natural and open spaces in Butte County to engage youth and their families in healthy and engaging activities to build self-esteem, family cohesion, and positive reference points for youth who are receiving services from Butte County Department of Behavioral Health. In addition the program seeks to engage youth in a strength based, supportive and therapeutic manner in order to promote healing, healthy decision making and positive family dynamics.

Program Goal: The Youth for Change YES Program aims to enhance the well-being of Butte County youth through fun, engaging and challenging social situations, provide opportunities to increase self-esteem and community engagement through the introduction of healthy and positive activities, and provide youth with a safe and healthy environment in which to challenge themselves, cooperate with others and be provided with appropriate behavioral support to address their mental health needs. The Youth for Change YES Program interventions are designed to support the multi-cultural needs of Butte County youth while simultaneously addressing symptoms of mental health disorders, and to de-stigmatize mental health disorders and conditions

Program Description:

- **Service Type:** Behavioral support, rehabilitation services, collaborative case management, introduction of healthy hobbies and leisure skills which can be practiced independently once discharged.
- **Service Location:** Services are provided in the field throughout Butte County in locations such as Upper Bidwell Park, Table Mountain, Lake Oroville Reservoir, and the Youth for Change Challenge Course.
- **Administrative Location:** 7204 Skyway, Paradise, CA 95967. Phone: 530-872-2103
- **Population Served:** Youth aged 7 – 21 who are currently receiving mental health services from Butte County Department of Behavioral Health, and who are referred to the program by their primary clinician.

- **Hours of Operation:** Rehabilitative groups occur on Tuesdays, Wednesdays, and Thursdays each week. Groups are scheduled from 3:00 pm – 5:00 pm each day. Additional overnight and weekend sessions are scheduled throughout the year. YES staff are available to respond to clients during regular business hours.

Service Abstract: The Youth for Change Youth Empowerment Services Program provides a variety of services including wilderness outings, team building events, seasonal activities, family outings and staff trainings. These activities create opportunities for developing healthy hobbies while supporting the achievement of emotional stability. Family events and outings build on strengths, assets and skills. It supports trust, cooperation, self-worth and family unity. Recreation staff are certified or licensed as required based on activities provided. All staff complete TCI training as well as training to support the needs of program participants.

Referral, Transition and Discharge: All referral, transition and discharge decisions are the responsibility of the services provider and applicable treatment team(s). Referrals will be made and documented throughout treatment, taking into account clients' and families' abilities and preferences. Transition planning will occur throughout the course of treatment, be discussed with clients and applicable treatment team(s), and be documented. Transition plan will include review of clients' wellbeing, gains achieved, and client and family strengths. Discharge paperwork and client history reports will be completed and reviewed at the end of treatment with clients and caretakers as available and appropriate.

Program brochure available upon request.

Agency website: www.youth4change.org