



Youth for Change provides services to individuals, children and families in Butte County.

Hospital Alternatives Program (HAP)
578 Rio Lindo Avenue, Suite 3, Chico
530-894-5933 ext. 19

Paradise

Foster Care Services

7200 Skyway, Paradise, 530-877-6787

Specialty Services

7200 Skyway, Paradise, 530-877-1965

Paradise Ridge Family Resource Center

6249 Skyway, Paradise, 530-872-3896

Community Services

7204 Skyway, Paradise, CA, 530-872-2103

Oroville

Olive Highway Counseling Center

2856 Olive Highway, Ste. "A", Oroville, CA,
530-533-1576

Chico

Rio Lindo Support Center

578 Rio Lindo Avenue, Ste. 3, Chico,
530-894-5933

6th Street Center for Youth

130 W. 6th Street, Chico, 530-894-8008

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**Supervised Visitation Facility**

530-762-1811

Pictures are not of actual clients



# Hospital Alternatives Program (HAP)

[www.youth4change.org](http://www.youth4change.org)

*Enhancing the well-being of children, individuals, families and communities.*

**"HAP provided exactly what I had been looking for to help my daughter."  
HAP parent**

Youth for Change  
Administration Office  
530-877-8187  
  
Mailing Address:  
P.O. Box 1476, Paradise, CA 95967



**"This is the first time I felt that people actually listened to me."  
HAP youth.**

Youth for Change has a mission to support individuals, children and families so that they may live happy, healthy and safe lives by providing services that promote dignity, self-determination and well being.

## **The Youth for Change Difference**

Youth for Change believes that the best place for a child is with his or her family. When a family is in crisis and unable to meet a child's need for safety and health, Youth for Change makes every effort to provide support, skills and resources to help reunify this family in a healthy and nurturing way.

We strive to provide a supportive, encouraging, family-like environment and are dedicated to all aspects of the child. We believe positive change can happen allowing families to become stronger and self-sufficient.

### **Purpose of HAP**

The Hospital Alternatives Program (HAP) specially trained Clinicians and Behavioral Health Counselors provide comprehensive response and support services to youth who are in need of intensive services as an alternative to being hospitalized following a 5150 screening.

# **Hospital Alternatives Program (HAP)**

## **Response and Support Services**

The HAP team responds immediately to the child/teen in crisis while at the Crisis Stabilization Unit (CSU) or following a psychiatric hospitalization, and for seven to 21 days, following an approved Managed Care Authorization from the CSU, the following may be provided:

- 24/7 access to clinical care as needed.
- Crisis intervention and stabilization skills.
- Safety planning with youth and family members to encourage stabilization and reduce risk.
- Intensive short-term interventions to connect youth/family to longer-lasting supports.
- Facilitate a Multi-Disciplinary Team meeting to individualize a treatment plan to meet the unique needs of the youth and his or her family.
- Advocacy for youth and family needs.

## **The HAP Team**

A team is assembled at the family's request to include all identified formal supports (clinicians, counselors, educators, psychologist, physicians, etc.) and natural supports (family members, friends, coaches, community members, etc.) for a Multi-Disciplinary Team Meeting. The intent of this meeting is to:

- Discuss the strengths of the family and the youth and evaluate what is already working well.
- Provide a fresh perspective and thoughtful evaluation of what services could be modified.
- Provide clinical assessment, safety planning and a treatment plan to support the youth to maintain stabilization.
- Provide an opportunity for overlapping services to coordinate, collaborate and complement each other's work.
- Elicit family involvement in treatment planning and collaboration.
- Ensure all necessary referrals to new supportive services are also completed.

## **Positive Outcomes**

- Empowers natural supports and strengths of the youth and their family.
- Builds relationships between service providers to support the youth and family.
- Reliable and flexible response to youth and family needs.
- Reduces the incidences of re-admission to the Crisis Stabilization Unit.
- Increases stability of child's home or placement to support individual needs.

## **Access to Services**

HAP is a collaboration between the Butte County Behavioral Health Crisis Stabilization Unit and Youth for Change.

In order to receive HAP services, participants must receive full scope Medi-Cal and a referral must be made by the Butte County Crisis Stabilization Unit  
530-891-2999  
1-800-334-6622

HAP Program Office  
578 Rio Lindo Avenue, Suite 3  
Chico, CA 95928  
530-894-5933 ext. 19